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Essex County Council

# SL Bake Off

## Course Code

FAW3A41Y2

## Time and duration

Start Date: 06 January 2021

Start Time: 10:00

Lessons: 10

Weeks: 10

Hours: 22.50

## Location

ACL Harlow  
Partridge Road  
Harlow  
Essex  
CM18 6TE

0345 603 7635

## Description

Develop your baking skills and learn how to cook biscuits and cakes in a convection microwave.

## Qualification Aim/Level

Entry Levels

## Who is this course for?

This is a course for adults with learning disabilities who wish to learn new skills about baking.

## What can I expect to Learn?

You can expect to learn about healthy food choices, planning and following a recipe and preparing food safely. You will also learn about safe food storage and keeping safe in the kitchen.

## How will I learn?

You can expect to learn by taking part in practical planning activities, group discussion, group and individual project work.

## How will I know how well I am doing?

You will have a negotiated individual learning plan which will record your progress each week. Feedback will also be given during the lesson.

### Will I need to do extra work at home?

You will be encouraged to use your news skills at home and in the community.

### What will I need to provide?

Please bring paper, pen and a folder to keep your work organised. Your tutor will tell you if you need to bring anything else with you.

### Are there any other costs?

Money for a drink and snack at break time, or you are welcome to bring your own with you. Additional costs may be requested for resources and outings.

### What can I do next?

You can progress on to other courses. Your tutor will advise as to which is the most suitable.

The National Careers Service provides information, advice and guidance to help you make decisions on learning, training and work. The service offers confidential and impartial advice and is supported by qualified careers advisers.

To make an appointment please call 0800 100 900 (calls are free from landlines and most mobile numbers) or visit their website <https://nationalcareersservice.direct.gov.uk>

### Further Information

For all enquiries regarding this course please contact 0345 603 7646